

# Community Happenings

# CALENDAR



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2025

# Join Frontier for fun in the community!



#### Mondays

#### Men's Bible Study

10 am | Sterling Senior Center Men's Bible Study; free and open to all, no membership required.

#### Pickleball - Sterling

10 am - 12 pm | Sterling Community Center For info or questions, call 907-262-7224.

#### **Drop-in Pickleball**

10 am - 2 pm | Soldotna Field House Drop-in Pickleball; Second drop-in at 4 pm -6:30 pm

#### **Exercise this Morning**

10:30 am | Sterling Senior Center Seated video exercise DVDs—choose your workout and move at your pace!

#### Pickleball - Kenai

12:30 pm - 3 pm | Kenai Rec Center Pickleball Pop-Up — Let's dink!

# Friends of Mike Morgan Song Circle

5 pm - 7 pm | The Goods Lively song circle—bring an instrument if you'd like to join in!

# **Drop-in Futsal**

5 pm - 6:30 pm | Soldotna Field House Indoor Soccer

#### **Adult Open Pickleball**

6:30 pm - 9:30 pm | Kenai Rec Center Drop-in Pickleball

#### **Tuesdays**

#### **Court Walking & Circut Training**

9 am - 10:30 am | Kenai Rec Center Perimeter Gym Court Walking with circuit-style workout stations—modifications available for all fitness levels!

#### **Spin Class**

10 am - 11 am | Nikiski Rec Center Get your heart pumping with a high-energy ride; \$8

#### **Tech Time**

11 am - 12:45 pm | Kenai Library Get help with devices, eBooks, and more! Call 907-283-4378 to book an appointment.

### **Contact Us**



907-262-6331



Follow @ Frontier Community Services for the latest news and events

#### Tuesdays cont.

#### Pickleball - Kenai

12:30 pm - 3 pm | Kenai Rec Center Pickleball Pop-Up — Let's dink!

#### Aqua Fit

6:15 pm - 7:15 pm | Nikiski Rec Center Make a splash with this low-impact, full-body workout in the water!; \$8

#### **Triquetra Class**

6:30 - 7:30 pm | 610 Attla Way, Ste. 14, Kenai Awaken your breath, voice, and movement for deep healing and transformation. Bring water, comfy layers, and an open heart. \$25 per person.

#### All Ages All Levels Learn to Skate

6:30 pm - 7:15 pm | Soldotna Sports Complex 7-week sessions for ages 2+, building skills from beginner to advanced September–April. \$70

#### **Adult Open Basketball**

7 pm - 9:30 pm | Kenai Rec Center Drop-in Basketball; \$5

#### Wednesdays

#### Pickleball - Sterling

10 am - 12 pm | Sterling Community Center For info or questions, call 907-262-7224.

#### Pickleball - Kenai

11:30 am - 3 pm | Kenai Rec Center Pickleball Pop-Up — Let's dink!

#### **Chess Open Hours**

4 pm - 5 pm | Kenai Library Casual chess program for all ages and skill levels—boards provided!

#### Karaoke with Eve

5 pm - 8 pm | The Goods Join Eve for a fun evening of music, laughter, and great vibes.

#### **Guided Meditation & Sound Bath**

6 pm - 7:30 pm | 610 Attla Way, Ste. 14, Kenai Wednesday Subconscious Reset – Rewire, Release, Reclaim. Bring what you need to relax—no reservation needed! \$20 per person.

#### **Adult Open Volleyball**

6:30 pm - 9:30 pm | Kenai Rec Center Drop-in Volleyball.

### Thursdays

#### Soldotna Seed Library Meeting

10:30 am - 1:30 pm | The Goods Help promote gardening and local sustainability!

#### **Thursdays**

#### **Craft or Chat**

10:30 am - 2:45 pm | Sterling Senior Center Come and chat and or bring a project to work on.

#### Pickleball - Kenai

12:30 pm - 3 pm | Kenai Rec Center Pickleball Pop-Up — Let's dink!

#### **Open Mic Night**

6 pm - 8 pm | The Goods a night of music, stories, and good vibes.

#### **Game Night**

6 pm - 9 pm | Sterling Senior Center Potluck, dominoes, bridge, and more.

# **Adult Open Pickleball**

6:30 pm - 9:30 pm | Kenai Rec Center Drop-in Pickleball

#### **Fridays**

#### **Drop-in Pickleball**

10 am - 2 pm | Soldotna Field House Drop-in Pickleball; Learn to play from 5 pm -6:30 pm

#### Pickleball - Sterling

10 am - 12 pm | Sterling Community Center For info or questions, call 907-262-7224.

#### Pickleball - Kenai

10:30 pm - 3 pm | Kenai Rec Center Pickleball Pop-Up — Let's dink!

#### **Tech Tutor**

2 pm - 4 pm | Soldotna Library One-on-one help with basic technology skills, available for anyone needing digital support.

# **Friday Night Bingo**

6 pm - 10 pm | Oilers Old Town Bingo Bingo every Friday at Oilers Old Town Bingo in Kenai! Packets start at \$30

#### Adult Open Basketball

6:30 pm - 9:30 pm | Kenai Rec Center Drop-in Basketball; \$5

# Saturday

# Spin Class

10 am - 11 am | Nikiski Rec Center Get your heart pumping with a high-energy ride; \$8

#### Sundays

# Restorative Breath & Sound Bath Healing

10 am - 11:30 am | 610 Attla Way, Ste. 14, Kenai Breathwork, crystal bowls & 40Hz frequencies. Bring a mat/blanket; no reservation needed.. \$20 per person

